



# SENT FORTH AS PILGRIMS OF HOPE

## FORMATION FOR 2025 - Acts 4:31 Parrhesia



**Acts 4:31:** As they prayed, the place where they gathered shook, and they were all filled with the Holy Spirit and continued to speak the word of God with boldness.

**Parrhesia (CCC 2778):** The power of the Spirit which introduces us to the Lord's Prayer is expressed in the liturgies of the East and the West, by the beautiful, characteristically Christian expression: parrhesia, straightforward simplicity, filial trust, joyous assurance, humble boldness, the certainty of being loved.

Source: [Link to Charisms for Catholics Podcast](#)

Links to purchase/access all study circle materials are available at the bottom of the handout.

Month	Event	Location	Study Circle
January			Animating the Body of Christ Bible Study: Session 1 Animating the Body of Christ Bible Study: Session 2
<p><i>Men's Triduum of Renewal (January 9-12, 2025) - St. Francis Springs</i>  <i>Women's Triduum of Renewal (January 16-19, 2025) - St. Francis Springs</i></p>			
February 2/22, Saturday	<i>Living in the Spirit: Charisms for the Mission</i> - Janet Lees	Raleigh St. Michael	Animating the Body of Christ Bible Study: Session 3 Animating the Body of Christ Bible Study: Session 4
March 3/6 Evening of Reflection (Zoom)		Virtual	<p>First week of March - Take the Charisms/ Identity Quotient Assessment &amp; pray with the results</p> <p><u>Podcast Episodes:</u>  <a href="#">Ep. #1 Why Don't We Hear More about Charisms?</a> (16 min)</p> <p><a href="#">Ep. #2 What is a Charism?</a> (11 min)</p> <p><a href="#">Ep. #3: What is the Difference Between the Gifts of the Holy Spirit and Charisms?</a> (13 min)</p> <p>-----</p> <p><u>Podcast Episodes:</u>  <a href="#">Ep. #4: What is the Difference Between the Fruits of the Spirit and Charisms?</a> (16 min)</p> <p><a href="#">Ep. #8: How Do You Discern Your Charisms?</a> (31 min)</p>
April 4/4 IBT			<p><u>Podcast Episodes:</u>  Listen to episodes related to your top 3-5 discerned charisms. (Episodes #20-49 see link at top of page)</p> <p><i>The Essential Handbook of Living Your Charisms: A Practical Guide for Catholics:</i> Chapters 4-27 (as applicable to your charisms)</p>

Note: Holy Week: April 13-19. Easter Sunday is April 20th.			
May 5/3 (9am-4pm)	<i>Engaging &amp; Using Your Charisms</i> - Jill Simons	(TBC)	Charism Discernment and continued study:  <i>The Essential Handbook of Living Your Charisms: A Practical Guide for Catholics</i> Chapters 4-27 (as applicable to your charisms)
June 6/26 Evening of Reflection (Zoom)	Enthronement of the Sacred Heart of Jesus	Virtual	<a href="#">DILEXIT NOS</a> Articles #1-58 Articles #59-113
July 7/12, Saturday	RC Formation Day & Picnic	TBC	<a href="#">DILEXIT NOS</a> Articles 114-171 Articles 172-220
<i>Men's SPEX (Aug. 22-24, 2025) - Catholic Conference Center, Hickory, NC</i>			
August			<i>Personal Prayer: A Guide for Receiving the Father's Love</i> Chapters 1 & 2
September 9/4 Evening of Reflection		Virtual	<i>Personal Prayer: A Guide for Receiving the Father's Love</i> Chapters 3 & 4
October			<i>Personal Prayer: A Guide for Receiving the Father's Love</i> Chapters 5 & 6
<i>Women's SPEX (Oct. 10-12, 2025) - St. Francis Springs</i>			
November 11/15	CTK	St. Joseph Raleigh	<i>Personal Prayer: A Guide for Receiving the Father's Love</i> Chapters 7 & 8
<i>Women's SPEX (Nov. 21-23, 2025) - St. Francis Springs</i>			
December	Christmas Party		<i>Personal Prayer: A Guide for Receiving the Father's Love</i> Chapters 9 & 10

Links to purchase/access Study Circle Resources: (top 2 available through Many Parts Ministries)

- [Animating the Body of Christ Bible study](#) (\$6)
- [Charisms Assessment](#) (\$9)
- [The Essential Handbook of Living Your Charisms: A Practical Guide for Catholics](#) (\$22) also available on Amazon
- [Dilexit Nos](#) (free)
- [Personal Prayer: A Guide for Receiving the Father's Love](#) (\$28) also available for less on Kindle